Welcome!!

Personalized Active Learning (PAL) Block 2021
Personalized Active Learning (PAL) block

**Mission**
To install a foundation for students to pursue life-long independent and active learning as a physician

**Goal**
To provide students with curricular time for individualized independent active learning to enrich medical education
Personalized Active Learning (PAL) block

Mission
To install a foundation for students to pursue life-long independent and active learning as a physician (What you do already and will do for the rest of your life!)

Goal
To provided students with curricular time for individualized independent active learning to enrich medical education (Course credit, financial aid, professional liability coverage, career development, and more!)
Personalized Active Learning (PAL) block 2021
MEDP820

**Block duration**
May 24\textsuperscript{th} – July 2\textsuperscript{nd} (6 weeks)

**Block director**
Sue Kim, PhD suwon@email.arizona.edu
(602)343-8762

**Academic coordinator**
Gaby Cardenas gabycardenas@email.arizona.edu
(602) 827-2391
Personalized Active Learning (PAL) block

How do I start my PAL block?
Personalized Active Learning (PAL) block 2021

1. What do I want to do this summer for 6 weeks?

2. Design your own course(s) and submit course plans by May 10th.
   Minimum 60 hours of PAL activities

3. Block director approval of course plans via email by May 24th

4. Do activities during May 24th - July 2nd

5. Submit course completion forms by July 5th

   → Block director approval of the completion forms
   → Mentor/preceptor/supervisor verification of PAL hours and behavioral assessment comments
   → Block director verification of 60+ total hours
   → Block completion/grade assignment ~Aug 2nd
Personalized Active Learning (PAL) block 2021

Required forms:

• **Course Plan forms** (due by May 10th)
  - Activity type
  - Hours
  - Learning Objectives/goals
  - Preceptor/Mentor contact info

• **Course Completion forms** (due by July 5th)
  - Activity type
  - Hours
  - Reflection
  - Preceptor/Mentor contact info

How to submit forms?

One45 [https://comphx.one45.com](https://comphx.one45.com)
Click on PAL block
Click on PAL handouts
Click on the forms
Personalized Active Learning (PAL) block 2021

PAL Activities of your choice (see syllabus):

- Block/Course/Competency remediation
- Continued CCE work
- Clinical experiences*
- Continued Scholarly Project work
- Research NOT related to Scholarly Project work
- Global Health (e.g. GH Course, Dominican Republic Trip)
- Rural Health Professional Program (RHPP)
- Service Learning (e.g. CHIP, Diabetes Camp)
- Other Certificate of Distinction work (e.g. Primary Care Scholars)
- Leadership training (e.g. AAMC conference, COM Committee, Military Officer Training)
- Master’s degree program in Public Health (MPH)
- Enrichment Elective (e.g. Step 1, Medical Spanish, lots more on PAL Bulletin)
- Other* (PAL Director approval required – email Block Director)

* Clinical experiences need - Affiliation Agreement & Credentialing
How to set up PAL clinical experience

1. Identify preceptors

• Continuing CCE course work?
  CCE director: Dr. Kelly Luba
  kluba@email.arizona.edu
  Sign up via the program manager
  Liz Nichols (602)827-2431
  elizabethnichols@email.arizona.edu

• Want to work with Capstone preceptors?
  Capstone director: Dr. May Mohty
  maymohty@email.arizona.edu
  Send email to the program manager (cc Dr. Mohty)
  Liz Nichols (602)827-2431
  elizabethnichols@email.arizona.edu

• Unknown?
  Discuss your faculty career advisors for potential preceptors/contact info

• Clinicians through personal connection?
  Proceed to step #2
How to set up PAL clinical experience (cont.)

2. Contact preceptors
   - Introduce yourself and PAL course
   - Set up a meeting
   - Discuss activity/dates/hours

   Note: be professional, courteous when communicating with preceptors

3. Submit PAL course plans
   Need preceptor contact information
   Via One45/PAL block/handouts

   Block director’s approval
   NOT approved:
   - Family member preceptor (COI)
   - No AA
   - Board action pending preceptor/site
   - Others

4. Affiliation Agreement
   If no AA, fill out an AA request form
   via One45/PAL block/handouts
   If not sure, contact Wendy Finch
   wfinch1@email.arizona.edu
   Allow 4-6 weeks for new AA

5. Credentialing paperwork
   Contact Tacha Lyons, Credentialing coordinator tylyons@arizona.edu
   Upload required documents at:
   http://www.myrecordtracker.com/
   Allow 45-90 days
PAL 2021
COM-P COVID guidelines to be determined

Clinical experience?
Out-of-State in-person activities?
Travel oversees?

Poll: Have you received the COVID-19 vaccine?
PAL Activities of your choice (see syllabus):
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• Master’s degree program in Public Health (MPH)
• **Enrichment Elective** (e.g. Step 1, Medical Spanish, lots more on PAL Bulletin) §
• Other* (PAL Director approval required)

PAL Continued SP—Dr. Matt McEchron  mcechron@email.arizona.edu  See Instruction (next slide)
PAL Military students – Dr. Elaine Niggemann  elainen@email.arizona.edu
1. We strongly encourage you to use PAL hours for SP and/or other research projects. This is your opportunity to get a strong start on research projects. Time will be more limited after the PAL block.

2. If you are going to use PAL hours for SP or other second research projects you need to meet with Dr. McEchron in person, by phone, or by email to describe your planned research activities.

3. PAL hours for research need to be in the form of deliverable work activities. Here are some examples: review 100 patient charts, run 20 western blots, disseminate 50 surveys, run analysis on HCUP data with Paul Kang, complete 10 rat surgeries, etc.

4. Examples of unacceptable PAL research hours: read 10 journal articles, construct my IRB application, meet with my mentor, learn how to use redcap, etc. There can be exceptions here, so contact me to see how to budget PAL research hours.

5. PAL research hours can change during the PAL block. That is expected. Just correspond with me by email or in person to revise your planned research hours.

6. Please meet with Dr. McEchron by email or in person to prior to 5/4/2021 to approve PAL research hours.

Matthew McEchron, Ph.D.
mcechron@email.arizona.edu
Personalized Active Learning (PAL) block 2021

PAL Activities of your choice (see syllabus):

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• Clinical experiences*
• Continued Scholarly Project work
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• Other* (PAL Director approval required)

§ Check out PAL Bulletin via One45/PAL block/Handouts
(to be released in March; maximum allowed PAL hours per course defined)
PAL Bulletin Enrichment Electives preview

• Medical Spanish
• Step 1 Study
• Information Mastery
• Literature and Medicine
• Summer Scrubs
• Ultrasound Point of Care
• Intervention Radiology
• Medical Improv
• Cafecitos en la Casa
• Reflective Writing

Stay tuned for the email announcement of PAL Bulletin 2021 in March!
Personalized Active Learning (PAL) block

Required forms:

- **Course Plan form** (due by May 10th) – need 60+ hours collectively
  - Activity type
  - Hours
  - **Learning Objectives/goals** – “to learn” (not ”to do”)
  - Preceptor/Mentor contact info

- **Course Completion form** (due by July 5th) – need 60+ hours collectively
  - Activity type
  - Hours
  - **Reflection** – “learned” (not “did”)
  - Preceptor/Mentor contact info

**How to submit forms?**

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Click on the forms
Personalized Active Learning (PAL) block 2021

**Block Grade Assessment**

- **Pass** grade for collective 60+ hours of activities
- **Incomplete** grade for excused absences and approved reasons . need approval from the block director **prior to the block ends**
- **Fail** grade for not meeting 60 hour requirement without excused absences or approved reasons

**Block remediation/completion**
Personalized plan in consultation with the block director
Complete the course during Year 2 before Step 1.
Personalized Active Learning (PAL) block 2021

Professional Behavioral Assessment
by the block director by incorporating comments from mentors/preceptors/supervisors

• Professionalism
  Level 1: does not meet expectations
  Level 2: meets expectations
  Level 3: exceeds expectations

Not included in the block grade

Student assessment of the block
  Block assessment
  Preceptor assessment
## Fun Facts – PAL activities/hours in the past

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2016</th>
<th>Virtual PAL 2020</th>
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<tbody>
<tr>
<td></td>
<td>Plans</td>
<td>Done</td>
<td>Plans</td>
</tr>
<tr>
<td><strong>Total hours</strong></td>
<td>6,858</td>
<td>6,961</td>
<td>7,253</td>
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<tr>
<td><strong>Hours per student</strong></td>
<td>86</td>
<td>90</td>
<td>90</td>
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<tr>
<td><strong>Total # activities</strong></td>
<td>261</td>
<td>301</td>
<td>289</td>
</tr>
<tr>
<td><strong># activities per student</strong></td>
<td>3.3</td>
<td>3.9</td>
<td>3.6</td>
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</table>

<table>
<thead>
<tr>
<th>Top 3 choices (hours)</th>
<th>SP 2,087</th>
<th>COD/SL 2,445</th>
<th>EE 3,003</th>
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<tbody>
<tr>
<td>COD/SL</td>
<td>1,634</td>
<td>SP 1,690</td>
<td>COD/RHPP 1,332</td>
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<tr>
<td>EE</td>
<td>945</td>
<td>EE 925</td>
<td>Research not SP 697</td>
</tr>
</tbody>
</table>

### What we have learned

- **SP** (Scholarly Project) – beware of IRB timeline!
- **CE** (Clinical Experiences) – beware of credentialing timeline + preceptor schedule
- **COD** (Certificate of Distinction)/Service Learning (SL) – popular and inspiring!
- **EE** (Enrichment Electives) – beware of maximum PAL hour credit allowed*
- COVID guidelines – Stay tuned for timely updates!
Key to PAL success

✓ Communication
✓ Communication
✓ Communication
✓ Time management
✓ Have fun!
Questions?