

Welcome!!

**Personalized Active Learning
(PAL) Block 2021**

Personalized Active Learning (PAL) block

Mission

To install a foundation for students to pursue life-long independent and active learning as a physician

Goal

To provide students with curricular time for individualized independent active learning to enrich medical education

Personalized Active Learning (PAL) block

Mission

To install a foundation for students to pursue life-long independent and active learning as a physician **(What you do already and will do for the rest of your life!)**

Goal

To provide students with curricular time for individualized independent active learning to enrich medical education **(Course credit, financial aid, professional liability coverage, career development, and more!)**

Personalized Active Learning (PAL) block 2021

MEDP820

Block duration

May 24th – July 2nd (6 weeks)

Block director

Sue Kim, PhD suwon@email.arizona.edu

(602)343-8762

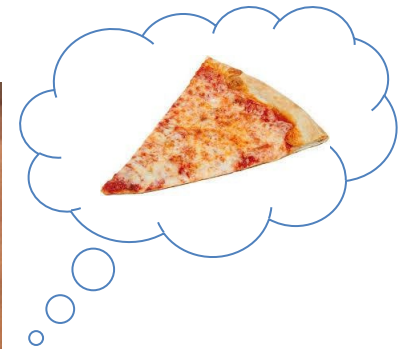
Academic coordinator

Gaby Cardenas gabycardenas@email.arizona.edu

(602) 827-2391

Personalized Active Learning (PAL) block

How do I start my PAL block?



Personalized Active Learning (PAL) block 2021

1. What do I want to do this summer for 6 weeks?
 2. Design your own course(s) and submit course plans by **May 10th**
Minimum 60 hours of PAL activities
 3. Block director approval of course plans via email by **May 24th**
 4. Do activities during May 24th - July 2nd
 5. Submit course completion forms by **July 5th**
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- Block director **approval of the completion forms**
 - Mentor/preceptor/supervisor **verification of PAL hours** and behavioral assessment comments
 - Block director verification of **60+ total hours**
 - Block completion/grade assignment ~Aug 2nd

Personalized Active Learning (PAL) block 2021

Required forms:

- **Course Plan forms** (due by **May 10th**)
 - Activity type
 - Hours
 - Learning Objectives/goals
 - Preceptor/Mentor contact info
- **Course Completion forms** (due by **July 5th**)
 - Activity type
 - Hours
 - Reflection
 - Preceptor/Mentor contact info

How to submit forms?

One45 <https://comphx.one45.com>

Click on **PAL block**

Click on **PAL handouts**

Click on the forms

Personalized Active Learning (PAL) block 2021

PAL Activities of your choice (see syllabus):

- Block/Course/Competency remediation
- Continued CCE work
- **Clinical experiences***
- Continued Scholarly Project work
- Research NOT related to Scholarly Project work
- Global Health (e.g. GH Course, Dominican Republic Trip)
- Rural Health Professional Program (RHPP)
- Service Learning (e.g. CHIP, Diabetes Camp)
- Other Certificate of Distinction work (e.g. Primary Care Scholars)
- Leadership training (e.g. AAMC conference, COM Committee, Military Officer Training)
- Master's degree program in Public Health (MPH)
- Enrichment Elective (e.g. Step 1, Medical Spanish, lots more on PAL Bulletin)
- Other* (PAL Director approval required – email Block Director)

*** Clinical experiences need - Affiliation Agreement & Credentialing**

How to set up **PAL clinical experience**

1. Identify preceptors

- **Continuing CCE course work?**
CCE director: Dr. Kelly Luba
kluba@email.arizona.edu
Sign up via the program manager
Liz Nichols (602)827-2431
elizabethnichols@email.arizona.edu
- **Want to work with Capstone preceptors?**
Capstone director: Dr. May Mohty
maymohty@email.arizona.edu
Send email to the program manager (cc Dr. Mohty)
Liz Nichols (602)827-2431
elizabethnichols@email.arizona.edu
- **Unknown?**
Discuss your faculty career advisors for potential preceptors/contact info
- **Clinicians through personal connection?**
Proceed to step #2

Continue next

How to set up **PAL clinical experience** (cont.)

2. Contact preceptors

- Introduce yourself and PAL course
- Set up a meeting
- Discuss activity/dates/hours

Note: be professional, courteous when communicating with preceptors

3. Submit PAL course plans

Need preceptor contact information
Via One45/PAL block/handouts

Block director's approval

NOT approved:

- Family member preceptor (COI)
- No AA
- Board action pending preceptor/site
- Others

4. Affiliation Agreement

If no AA, fill out an AA request form
via One45/PAL block/handouts

If not sure, contact Wendy Finch

wfinch1@email.arizona.edu

Allow 4-6 weeks for new AA

5. Credentialing paperwork

Contact Tacha Lyons, Credentialing
coordinator tylyons@arizona.edu

Upload required documents at:

<http://www.myrecordtracker.com/>

Allow 45-90 days

PAL 2021

COM-P COVID guidelines to be determined

Clinical experience?

Out-of-State in-person activities?

Travel overseas?

Poll: Have you received the COVID-19 vaccine?

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- Other Certificate of Distinction work (e.g. Primary Care Scholars)
- Leadership training (e.g. AAMC conference, COM Committee, **Military Officer Training**)
- Master's degree program in Public Health (MPH)
- **Enrichment Elective** (e.g. Step 1, Medical Spanish, lots more on PAL Bulletin) §
- Other* (PAL Director approval required)

PAL Continued SP– Dr. Matt McEchron mcechron@email.arizona.edu See Instruction (next slide)

PAL Military students – Dr. Elaine Niggemann elainen@email.arizona.edu

SP and Research Hours in the PAL Block - McEchron

1. We strongly encourage you to use PAL hours for SP and/or other research projects. This is your opportunity to get a strong start on research projects. Time will be more limited after the PAL block.
2. If you are going to use PAL hours for SP or other second research projects you need to meet with Dr. McEchron in person, by phone, or by email to describe your planned research activities.
3. PAL hours for research need to be in the form of deliverable work activities. Here are some examples: review 100 patient charts, run 20 western blots, disseminate 50 surveys, run analysis on HCUP data with Paul Kang, complete 10 rat surgeries, etc.
4. Examples of unacceptable PAL research hours: read 10 journal articles, construct my IRB application, meet with my mentor, learn how to use redcap, etc. There can be exceptions here, so contact me to see how to budget PAL research hours.
5. PAL research hours can change during the PAL block. That is expected. Just correspond with me by email or in person to revise your planned research hours.
6. Please meet with Dr. McEchron by email or in person to prior to 5/4/2021 to approve PAL research hours.

Matthew McEchron, Ph.D.
mcechron@email.arizona.edu

Personalized Active Learning (PAL) block 2021

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- **Enrichment Elective** (e.g. Step 1, Medical Spanish) §
- Other* (PAL Director approval required)

§ Check out **PAL Bulletin** via One45/PAL block/Handouts
(to be released in March; maximum allowed PAL hours per course defined)

PAL Bulletin Enrichment Electives preview

- Medical Spanish
- Step 1 Study
- Information Mastery
- Literature and Medicine
- Summer Scrubs
- Ultrasound Point of Care
- Intervention Radiology
- Medical Improv
- Cafecitos en la Casa
- Reflective Writing

Stay tuned for the email announcement of PAL Bulletin 2021 in March!

Personalized Active Learning (PAL) block

Required forms:

- **Course Plan form** (due by May 10th) – need 60+ hours collectively
 - Activity type
 - Hours
 - Learning Objectives**/goals – “to learn” (not “to do”)
 - Preceptor/Mentor contact info
- **Course Completion form** (due by July 5th) – need 60+ hours collectively
 - Activity type
 - Hours
 - Reflection** – “learned” (not “did”)
 - Preceptor/Mentor contact info

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Click on the forms

Personalized Active Learning (PAL) block 2021

Block **Grade** Assessment

- **Pass** grade for collective 60+ hours of activities
- **Incomplete** grade for excused absences and approved reasons
 need approval from the block director **prior to the block ends**
- **Fail** grade for not meeting 60 hour requirement without excused absences or approved reasons

Block remediation/completion

Personalized plan in consultation with the block director
Complete the course during Year 2 before Step 1.

Personalized Active Learning (PAL) block 2021

Professional Behavioral Assessment

by the block director by incorporating comments from mentors/preceptors/supervisors

- Professionalism
 - Level 1: does not meet expectations
 - Level 2: meets expectations
 - Level 3: exceeds expectations

Not included in the block grade

Student assessment of the block

Block assessment

Preceptor assessment

Fun Facts – PAL activities/hours in the past

	2015		2016		Virtual PAL 2020	
	Plans	Done	Plans	Done	Plans	Done
Total hours	6,858	6,961	7,253	7,500	7,015	6,524
Hours per student	86	90	90	93	87	81
Total # activities	261	301	289	284	256	265
# activities per student	3.3	3.9	3.6	3.5	3.2	3.3

Top 3 choices (hours)	SP	2,087	COD/SL	2,445	EE	3,003
	COD/SL	1,634	SP	1,690	COD/RHPP	1,332
	EE	945	EE	925	Research not SP	697

What we have learned

SP (Scholarly Project) – beware of IRB time line!

CE (Clinical Experiences) – beware of credentialing time line + preceptor schedule

COD (Certificate of Distinction)/Service Learning (SL) – popular and inspiring!

EE (Enrichment Electives) – beware of maximum PAL hour credit allowed*

COVID guidelines – Stay tuned for timely updates!

Key to PAL success

- ✓ **Communication**
- ✓ **Communication**
- ✓ **Time management**
- ✓ **Have fun!**

Questions?